

Urology Associates of Rochester

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Dear Pat FName :

Your Circumcision is scheduled at:

on

The hospital/surgical center will notify you of your arrival time for your procedure. Your pre-surgical testing is scheduled on at your/the .

Circumcision is a surgical procedure that involves the removal of foreskin around the penis.

PREPARING FOR SURGERY: THINGS YOU SHOULD KNOW

1. You will be admitted to the hospital the day of your surgery. You will be discharged when you are fully awake, alert, and taking fluids by mouth. Usually it is about two hours after your surgery.
2. If you are on **Coumadin, Plavix, or Aspirin** for coronary stents, you **must consult your Cardiologist or Primary Care Physician** for management and proper discontinuation of drug prior to your surgery. If you are on **Aspirin or Aspirin Products** for preventative measures, or drugs for **Arthritis or Inflammation**, please discontinue one week before the procedure. If you are on **Herbal Supplements** (anything that is not prescribed by a physician), please discontinue one week before the procedure.
3. If you take blood pressure, thyroid, or seizure medication, **please follow the instructions given to you at your Pre-Operative appointment on how to take these the day of your procedure.**
4. No eating or drinking after midnight the night before your surgery except for blood pressure or other medications as mentioned above.
5. No alcohol 24 hours prior to surgery.
6. You will be receiving anesthesia for your procedure and will meet with an anesthesiologist prior to surgery. **You are unable to drive, drink alcohol or sign legal documents for 24 hours after receiving anesthesia.**

RECOVERING FROM SURGERY: WHAT TO EXPECT:

1. Do not take any Aspirin, Coumadin, Herbal Supplements, or blood thinners for at least 3 - 5 days after your surgery. Your physician will give you specific directions.

INSTRUCTIONS: POST CIRCUMCISION

ACTIVITY: 1. It is okay to eat or drink whatever you want.
2. We encourage you to increase your fluid intake.

DRIVING: You may drive the day after your surgery if you feel okay and are not taking any pain medication.

MEDICATIONS: Please refer to the surgery medication list provided. **Do not take any aspirin or aspirin containing products or arthritis medication. You may take Tylenol for any discomfort you experience.**

INCISION CARE: Observe the incision daily. Some redness and drainage at the incision site is normal. If you notice any increased redness, increased tenderness, purulent (puss like) drainage from the incision, and/or develop fever and chills, **please call the office at (585)232-2980.**

1. Apply ice to the area with an ice bag. Do not apply ice directly to the skin.
2. If dressing is applied, remove as directed.
3. Apply antibiotic ointment to the surgical area 2-3 times every day for one week.
4. **If bleeding occurs: Apply pressure with a clean gauze pad or napkin between two fingers for 5 minutes. If bleeding continues, call the office at (585)232-2980.**

SEXUAL ACTIVITY: No sexual activity until seen in follow-up.

FOLLOW-UP: Your follow-up appointment is scheduled for N DShort at N Time in our N Loc Name office.

Please note: You will need to report to the office 10 minutes prior to your scheduled appointment time.

If you have any questions or concerns, please call us at (585)232-2980.