

Urology Associates of Rochester

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Dear Pat FName :

Your Penile Prosthesis is scheduled at:

on

The hospital/surgical center will notify you of your arrival time for your procedure. Your pre-surgical testing is scheduled on at your/the .

Penile Prosthesis is a surgical procedure that involves the insertion of an artificial device to improve erectile function.

PREPARING FOR SURGERY: THINGS YOU SHOULD KNOW

1. You will be admitted to the hospital the day of your surgery. You will be discharged when you are fully awake, alert, and taking fluids by mouth. Usually it is about two hours after your surgery.
2. If you are on **Coumadin, Plavix, or Aspirin** for coronary stents, you **must consult your Cardiologist or Primary Care Physician** for management and proper discontinuation of drug prior to your surgery. If you are on **Aspirin or Aspirin Products** for preventative measures, or drugs for **Arthritis or Inflammation**, please discontinue one week before the procedure. If you are on **Herbal Supplements** (anything that is not prescribed by a physician), please discontinue one week before the procedure.
3. If you take blood pressure, thyroid, or seizure medication, **please follow the instructions given to you at your Pre-Operative appointment on how to take these the day of your procedure.**
4. No eating or drinking after midnight the night before your surgery except for blood pressure or other medications as mentioned above.
5. No alcohol 24 hours prior to surgery.
6. You will be receiving anesthesia for your procedure and will meet with an anesthesiologist prior to surgery. **You are unable to drive, drink alcohol or sign legal documents for 24 hours after receiving anesthesia.**

RECOVERING FROM SURGERY: WHAT TO EXPECT

1. You may experience some burning, penile and scrotal swelling or bruising. This is normal.
2. The penile device cannot be activated or used for 6 weeks after your surgery or until the doctor instructs you that it is okay to use.
3. You may experience burning on urination due to the Foley catheter insertion during surgery. This will resolve in several days.
4. If you experience auto-inflation of the device during the first six weeks, please call the office at (585)232-2980.

INSTRUCTIONS: POST PENILE PROSTHESIS

- DIET:**
1. It is okay to eat or drink whatever you want.
 2. We encourage you to increase your fluid intake.

- ACTIVITY:**
1. It is okay to shower. **No bathing.**
 2. It is okay to climb stairs when discharged from the hospital.
 3. Walking is good exercise; it improves circulation. Do not overdo it! Go easy at first and slowly increase the distance, as you feel better.
 4. Avoid any heavy lifting or strenuous exercise for at least 4 weeks as directed by your physician.

- DRIVING:** You are able to drive the day after your procedure if you feel okay and are not taking any pain medication.

- MEDICATIONS:** Please refer to the surgery medication list provided.

- INCISION SITE:** Observe the incision daily. Some redness and drainage at the incision site is normal. If you notice any increased redness, increased tenderness, purulent (puss like) drainage from the incision, and/or develop fever and chills, please call the office.
1. Apply ice packs to the incision for 24-48 hours (do not put directly on the incision - use a towel or cover for the ice).
 2. It is recommended that you wear a scrotal support for 2 weeks after the surgery.

- SEXUAL ACTIVITY:** The penile prosthesis cannot be used or activated for 6 weeks or until advised by the doctor.

- BOWELS:** One should avoid straining during a bowel movement. You may be given a stool softener to promote regular bowel movements, or you may elect to use Metamucil, or add fruits and vegetables to your diet. Milk of Magnesia 30 cc is recommended if your stools are hard or if you feel constipated

FOLLOW-UP: Your follow up appointment is scheduled for N DShort at N Time
in our N Loc Name office.

Please note: You will need to report to the office 10 minutes prior to your scheduled appointment
time.

If you have any concerns, please call the office at (585)232-2980.